

# Religion, Medicine and Healing: Contemporary Perspectives

## I. Instructor and Teaching Assistant for the course

Course: Religion, Medicine, and Healing: Contemporary Perspectives (REL 3098/ ANT 3930).

Instructor: Dr. Robin Wright, Department of Religion. Anderson Hall 107C.

Teaching Assistants: Chris Lomelin and Rodney Sebastian, Department of Religion. Anderson Hall (Graduate Students Office).

## II. Course Website

Students are held responsible for all materials and related information posted on the course website. There is a required textbook for the course - all of the Readings and Lecture Notes based on Powerpoints can be found in the e-book *Religion, Medicine and Healing: Contemporary Perspectives*, ed. by RM Wright (kendallhunt, 2016). This required book has been uploaded to the course website, Modules section, for your convenience.

## III. Objectives of the course:

The focus of this course is on non-Western healers and healing practices in various religious traditions around the globe. The most important themes we shall discuss are: the efficacy of religious symbols for the healing process; cross-cultural notions of the body, pain, and healing; embodiment of healing powers by religious specialists; ritual performances and their meanings; the importance of sound, sonic imagery, and music to healing processes; the relations of healing practices to cosmology, metaphysics, and sacred narratives; and, the transformations of self and meaning that emerge during or from a cure.

The healing traditions we shall study, by ethnic groups or geographical regions, are the following: (1) Indigenous peoples' shamanisms of the Americas and urban mestizos of Latin America; (2) Asian, Eurasian, and Southeast Asian Buddhism, Hinduism, Taoism, and Sufism; (4) Judaism and Christianity (Charismatic Catholicism and Pentecostalism); (5) Naturopathy

and Nature Religions. We shall also examine the issues involved in discussions of Intellectual Property Rights. Among the central questions discussed for each tradition are: How does each contrast with Western bio-medicine? What relations does each maintain with conventional Western bio-medical systems? Is our current national health system capable of collaborating with non-Western forms of spiritual healing? Or are the interests of the industrial and pharmaceutical complex a hindrance through market control, predatory production of herbal remedies in ways that are damaging to peoples and the environment?

This course also raises a fundamental question of "Healing the Earth," which lies at the heart of our and many other societies' principal illness, that has been popularly called the "disconnect with the natural world", including the barriers we've constructed historically separating us from non-Western societies by symbolic and political domination, massive alterations of the natural environment, and a blind trust in the future of high technology. This course argues that the way to healing ourselves and re-establishing a sustainable relationship with our "home" - the planet earth – and its aboriginal inhabitants is through healing the 'nature disconnect' on various fronts. The lessons of ancient traditions coupled with a re-scaling of 'modern medicine' are valuable starting-points towards this overall humanitarian goal.

#### IV. Each of the modules focuses on one or more of the following Themes:

- Experiential studies of sickness and healing; contrasting approaches to sickness and healing in both traditional and non-traditional peoples;
- 'Aesthetic' aspects of healing: the importance of the religious imagination in representing pain, the notion of 'soul-loss' in traditional societies; ethnopoetics and sonic imagery; music, religion, and healing;
- 'Performance': traditional healing relies on a wide variety of performative aspects (e.g., dance) that must be mastered by the healer during his/her training; these aspects are crucial for shamanic traditions which perform 'community healing' in which the specialists embody the ancestral energy, or life-force, transmitting it in their cures;
- Diversity of cultural meanings of sickness and healing; the 'category of the unknown' as reversible 'deaths,' and levels of 'knowledge' in curing; sources of and access to, spiritual 'power';
- Plant spirit shamanism, including ayahuasca of urban Latin America, sacred plants in healing rites, Mayan herbalists;
- Healing as a process; relations between categories of illness and modes of healing; ritual forms, dietary restrictions, and preventive modes of protection against illness;
- The idea of 'embodiment' of the sacred and its importance to understanding the processes of healing;
- The socio-political and religious contexts in which healers work, their relation to 'dominant structures' of scientific expertise, economic and political power.

Module 1: Concepts

Module 2: Shamanisms

Module 3: Mayan Healing

Module 4: Taoism and Medicine

Module 5: Hinduism (Ayurvedic Medicine)

Module 6: Tibetan Buddhism

Module 7: Healing in Judaism

Module 8: Christianity and Healing (Charismatic Catholicism and Pentecostalism)

Module 9: Sufi Qawaali Healing of Islam

Module 10: Naturopathic Medicine

Module 11: Nature Religions and Healing

Module 12: Traditional Healing Knowledge and Intellectual Property Rights

## V. Expectations:

*Our Responsibilities:* To present a solid review of the subject matter. The instructor and Teaching Assistant are committed to help you understand the material. If you have any questions regarding course materials, policies, grading, and technical problems, we would highly encourage you to contact one of us ahead of time. You are encouraged to ask questions through the Discussion or Chat tabs.

*Your Responsibilities:* To keep up with lectures, readings, films, and submitting assignments **BEFORE** the due dates. This is an online course, and it is easy to fall behind, therefore we highly encourage you to keep up with the "Lecture Schedule/Due Dates" provided to you in the "Course Materials" section (Modules tab). You are expected to:

- Follow guidelines provided by the instructor.

- Watch lectures, do the assigned readings, and watch films on time.
- Submit assignments **BEFORE** the due date.
- Submit assignments in the appropriate place. There are many students registered for this course, therefore **DO NOT** send us any assignment through personal emails nor leave a hard copy at our offices. This would make the grading process too difficult.
- Follow the UF honor code (see below). Remember: All written portions of assignments are checked for plagiarism.

## VI. Grading:

Reflection Paper: There are three "Reflection Papers" required for the course. Students have the option of writing about any three of the dozen or so films screened during the course. **Prompt Questions will become available on the day the film is scheduled. Students are encouraged to submit papers as soon after the prompt questions become available as possible.** Papers should seek to answer prompt questions in a clear, succinct, and original way. Simply repeating the story line is not acceptable. The prompt questions generally ask you to focus on a theme that is important in both the film and the readings to which the film is related. Each paper should be 2-3 pages (700 words) in length, typed, saved as .doc, using 12-size Times New Roman font in a double-spaced format.

Midterm and Final Exam: The Midterm Exam will consist of a combination of question types: multiple choice, definitions, and a short essay. The material to be covered by the Midterm includes everything from Day 1 of the course until mid-semester. The Midterm Exam will be opened under the "Assignments" tab. The Final Exam will be structured similarly to the Midterm, and will cover all material from mid-semester until the last day of class. Keep in mind that exams are timed. Once you begin the exam, you will have 2 hours to complete it. Both the Midterm and the Final exams will be evaluated for possible plagiarism by the Turnitin tool.

Make-up Exams: will be scheduled for those students who are unable to take the Midterm or Final on the dates established. Students must present appropriate written proof that it was not possible to take the exam on the established date (a doctors' note in the case of a medical situation requiring immediate treatment, a statement from the director of a sports program in the case of the student's participation in a sports event, appropriate letters in the case of a family emergency, or family event). In all cases, clearance from the Professor is required for a make-up exam to occur. Depending on the circumstances of the case, students should plan to take make-up exams one week following the scheduled date.

"Participation Quizzes": There will be a total of six participation quiz assignments. You will need to go to the Assignments tab and take a multiple-choice quiz on the date indicated on the Lecture and Assignments Schedule. Quizzes open at 8:00 am and close at midnight of the same day. Do not attempt to take the quiz at 11:50 pm because the due date is at midnight and the assignment will close at that time. The quizzes will cover the material from the readings, lecture notes, and films. **Quizzes are intended to be "participatory" in the sense that, at the beginning of the semester, students will be assigned to Discussion Groups. Members of each Discussion Group are encouraged to connect by e-mail on the day of the quiz and discuss the answers to each of the questions. Each student will then enter her/his answers.** The Participation Quizzes count for 12.5% of the Final Grade.

Extra Credit Essay: The wealth of material available on all topics related to the Modules makes it impossible to cover all of the interesting questions that are currently of great relevance to this course. Thus, for students interested in researching and writing a short essay on selected topics, extra credit points can be garnered (15 total) to add to your grade at the end of the semester. You can submit your extra credit (.doc format) under the "Assignments" tab. The questions for the essays are scheduled throughout the course; **all extra credit essays must be turned in by the last week of the semester.**

Grade calculations:

Reflection Paper (3 - each worth 100 points):	300 points	(37.5%)
Midterm Exam:	205 points	(25%)
Final Exam:	205 points	(25%)

Participation Quiz (6 – each worth 15 points):	90 points	(12.5%)
Total:	800 points	(100%)

Final scores will not be rounded (i.e., 89.92% is not 90%). Your final grade will be based on three Reflection Papers, one Midterm Exam, one Final Exam, and the six Participation Quizzes. Grade Scale:

A:  $\geq 94\%$  of X; A-:  $\geq 90\%$  of X; B+:  $\geq 87\%$  of X; B:  $\geq 83\%$  of X; B-:  $\geq 80\%$  of X; C+:  $\geq 77\%$  of X; C:  $\geq 73\%$  of X; C-:  $\geq 70\%$  of X; D+:  $\geq 67\%$  of X; D:  $\geq 63\%$  of X; D-:  $\geq 60\%$  of X; E: below 60.

## VII. Special Treatment

We do not offer any kind of special treatment, or adjust grades on the individual basis. If you are having problems with the course material or health related problems, please contact the instructor or TA as soon as possible. Do not attempt to contact us at the end of the semester and expect us to solve any of the above problems. Incompletes are strongly discouraged and will be given only when students who have finished most of the assignments satisfactorily cannot complete the final requirements due to unforeseen events. If this is the case, students must arrange for the incomplete before the end of the semester.

## VIII. Email Communication

All email correspondence to course instructor and Teaching Assistant(s) must be sent through Canvas course website. Correspondence regarding the lecture, homework, and the overall course should be posted on the "General Course Questions" under the Discussion tab. Anything related to grades and personal matters should be sent using the emails of the Instructor ([baniwaos@ufl.edu](mailto:baniwaos@ufl.edu)) and TAs (Please do not post anything related to personal matters on the Discussion tab).

## IX. Academic Honesty and the Honor Code

Plagiarism or cheating: Students are expected to uphold the highest standards of academic honesty and integrity. Students caught plagiarizing or cheating will automatically receive a grade of zero on the assignment in question and will fail the course. In addition, they will be reported to the appropriate university authorities. Please keep in mind that plagiarism does not consist only in copying verbatim someone else's material and presenting it as if it were yours. It also includes taking ideas (even paraphrased!) from an author without according him/her proper recognition. Other forms of cheating (particularly downloading material from the Internet and presenting as if it were yours) will also be subject to the same action.

See: <http://www.dso.ufl.edu/judicial/honestybrochure.htm> for more information on UF policies.

## X. Accommodations for Students with Disabilities

Students requesting accommodation or special consideration must first register with the Dean of Students Office. The Dean of Students Office will provide documentation to the student who must then provide this documentation to the instructor when requesting accommodation or special consideration. In this case, you can set up a meeting with us to give us the document.